

# BALLET ARTS STUDIO presents

## **Once Upon a Dance**

Saturday, May 31, 2025 at 2 pm and 6:30 pm  
 Bardavon Opera House  
 35 Market Street, Poughkeepsie, NY 12601

Welcome to the **2025 Concert Guide**. Please use this guide as a reference for everything you need to know about our Concert season. Please read this Guide carefully. After review, if you have questions, or would like to volunteer backstage, please call or email the studio or contact Ms. Fern at [riccifmr@gmail.com](mailto:riccifmr@gmail.com).

**TICKETS (GENERAL ADMISSION)**  
 \$20; \$15 for children under 12 & seniors;  
[www.bardavon.org](http://www.bardavon.org)  
 Bardavon Box Office: 845.473.2072  
 Ticketmaster: 800.745.3000

## May

Rehearsals & Studio Calendar at a glance:

<b>Dates</b>	<b>Information</b>
Monday, May 26 and Tuesday, May 27	<b>Studio CLOSED</b>
Wednesday, May 28 and Thursday, May 29	<b>Mandatory</b> DRESS rehearsals at BARDAVON. (See next page.) Sign in at Bardavon Stage Door.
Friday, May 30	<b>Mandatory</b> Full Dress Rehearsal at BARDAVON. (See next page.) Sign in at Bardavon Stage Door.
Saturday, May 31	<b>CONCERT!</b> 2 pm & 6:30 pm shows! Sign in at Bardavon Stage Door.

## Bardavon Rehearsal Schedule May 28 - May 30, 2025

Rehearsal DATE	Wed, May 28th Dress Rehearsal ACT II ONLY	Thursday, May 29th Dress Rehearsal ACT I ONLY	Friday, May 30th Dress Rehearsal FULL CONCERT
<b>ARRIVAL TIME 4:15 PM</b>	1. Jazz III 2. Modern II 3. Tap I 4. Partnering 5. Contemporary I	1. Friday Prep for Ballet 2. Tuesday Lower School I Ballet (2pm show) 3. Wednesday Lower School I Ballet (2pm show) 4. Saturday Prep for Ballet (6:30pm show) 5. Saturday Lower School I Ballet (6:30 pm show)	All dancers in ACT I and <b>all</b> of Ms. Fern's dressing room volunteers.
<b>ARRIVAL TIME 5:15 PM</b>	6. Modern III 7. Hip Hop II 8. Hip Hop I 9. Tap III 10. Tap IV	6. Friday Lower School II Ballet 7. Lower School IV Ballet 8. Thursday Lower School II Ballet 9. Thursday Lower School III Ballet	
<b>ARRIVAL TIME 5:30 PM</b>			Dancers who are <b><u>only</u></b> in ACT II
<b>ARRIVAL TIME 6:30 PM</b>	11. Jazz I & Theater Dance I 12. Contemporary II 13. Modern I 14. Tap II 15. Theater Dance III	10. Wednesday Middle School Ballet 11. Wednesday Lower School III Ballet 12. Saturday Lower School III Ballet 13. Thursday Middle School Ballet	

<b>ARRIVAL TIME 7:30 PM</b>	16. Jazz II 17. Senior Trio 18. Theater Dance II 19. Hip Hop III <b>20. DDC MODERN</b>	14. Upper School Ballet 15. Variations 16. Beginning Pointe <b>17. DDC BALLE</b>	
<b>Caregivers in theater?</b>	YES! Still photography only. NO FLASH OR VIDEO! Prof. photographer will take photos.	YES! Still photography only. NO FLASH OR VIDEO! Prof. photographer will take photos.	<b>NO! CLOSED Rehearsal!</b> Only staff & Ms. Fern's dressing room volunteers allowed in building! Prof. photographer will take photos.
<b>Dressing rooms?</b>	NO! Dancers will be called to the stage from the house.	NO! Dancers will be called to the stage from the house.	YES! ALL Backstage volunteers required to work this dress rehearsal!
<b>Costume, hair, makeup?</b>	YES!	YES!	YES!
<b>Other information</b>	Pieces will be rehearsed in this order. Dancers may leave when <b>all</b> of their pieces in ACT II have been rehearsed.	Pieces will be rehearsed in this order. Dancers may leave when <b>all</b> of their pieces in ACT I have been rehearsed.	This is a full, non-stop run-through of the Concert, <u>in Concert order</u> . Dancers may leave when <b>all</b> of their pieces have been rehearsed.

## **PERFORMANCE DAY: SATURDAY, May 31<sup>st</sup>**

### **ARRIVALS**

**11:30 AM** Warm up class for: Lower School IV Ballet, Middle and Upper School Ballet, Modern II & III, Jazz II & III, Tap IV, Theater Dance II & III and Contemporary I & II; all dancers should come prepared for warm up class. Ms. Fern's dressing room volunteers must be in these dancers' dressing rooms at this time.

**1 PM** Friday Preparation for Ballet, Tuesday & Wednesday Lower School Ballet I, Lower School Ballet II & III, Tap I, II & III, Modern I, Theater Dance I and Hip Hop I. Ms. Fern's dressing room volunteers must be in these dancers' dressing rooms at 1 pm.

**5:30 PM** Saturday Preparation for Ballet, Saturday Lower School Ballet I.

### **DEPARTURES**

**2 PM & 6:30PM SHOW** Prep for ballet & Lower School I Dancers who's dressing room is in the Annex may leave at Intermission or stay until the Grand Finale Bow. All other dancers must stay at the Bardavon for the entirety of the day.

**Please note: The dancers will have a formal warm up on Saturday only.  
On Wednesday, Thursday & Friday, dancers must FULLY warm up on their own.**

## RULES FOR BARDAVON REHEARSALS AND PERFORMANCE DAY

- Dancers must arrive with makeup and hair ready for their first piece.
- Wear costumes covered by a big shirt or carry covered costumes on a hanger.
- All dancers and caregivers must enter and leave through the STAGE DOOR where they will sign in and sign out with Ms. Fern or Ms. Mary.
- Caregivers are permitted to drop off and pick up their dancers in the dressing room, but may NOT remain backstage unless they are one of Ms. Fern's backstage volunteers.
- **Dancers MUST remain in their assigned dressing rooms at all times.** You may not, at any time, go to another area or dressing room for make-up, food, clothing, or to play. Even bathroom breaks require permission!
- Please bring something to do while you are in your dressing room. Homework, books, card games, tablet, etc . . . .
- Keep your dressing room neat. Please pick/wipe up anything you drop or spill.
- Dancers, in their words and actions, must show respect for the backstage volunteers, the Ballet Arts Staff and your fellow dancers.
- Lower School I level dancers and up are not permitted to leave the theater between the matinee and evening performances. Preparation for Ballet dancers may leave the theater with their caregiver during intermission or at the conclusion of the 2pm show but must return to the theater by 5:30pm for the 6:30pm performance.
- No eating or bringing drinks into the Bardavon house (Audience seating area).
- No running, horseplay or touching Bardavon equipment or property. Young dancers and non-dancers must be attended to at all times.
- Shoes MUST be worn at all times and in all areas of the building.

## COSTUMES

- Please sew costumes. Do not pin.
- All female dancers who are over age eight MUST wear a "nudie" even if they do not have a costume change. We recommend a fabric strap, not a plastic strap. You can buy "nudie" leotards from our online dancewear store.
- **Please put the dancer's name in all costumes, shoes, accessories, and everything brought to the theater.**

- Make sure you have ALL headpieces, ALL shoes, and/or costume accessories; make sure to have all tights needed such as pink, black, skin color, etc. – please make sure to bring extra pairs of all tights!
- Ballet slippers and/or pointe shoes must have drawstring knotted and cut, and pointe shoe elastic and ribbons must be trimmed.
- Keep costumes clean. While wearing them, cover them with a big shirt or robe, or take off before eating.
- Bring a towel/blanket for sitting on the floor.
- Avoid panicking! If you have a broken strap, a missing shoe, or anything that needs attention, please tell your backstage volunteer immediately—they have volunteered their time to help you!
- **NO JEWELRY!** This means no earrings, necklaces, wristbands (including friendship bands), rings, ankle bracelets, ponytail holders on wrist, etc. Please do not get piercings within eight weeks of the Concert.

## MAKEUP

- **ALL female dancers Lower School III level and above MUST wear makeup.**
- Dancers in Preparation for Ballet, Lower School I and Lower School II level classes may wear lipstick and makeup if they wish.
- Skin-tone base
- Rose colored blush
- Brown eye shadow
- Black liquid eye liner
- Black mascara
- Mahogany or True Red Lipstick
- Only clear nail polish is allowed on hands and/or feet. Please do not get gel polish within two weeks of the Concert as it is too hard to remove.
- Each dancer must have her or his own makeup...do not share makeup!
- **For Boys:** Skin tone base, blush and eye shadow is suggested.

## HAIR

- Classical buns are on the crown of the head, not on the back OR the top of head. ALWAYS bring extra hair pins, hair ties and hair nets!
- Spray and/or gel and pin all wisps and bangs.
- Use large bobby pins and a hairnet for buns.
- Arrive at the theater with your makeup and hair done. If hair and/or makeup changes are required, come prepared to make the changes.
- Boys with longer hair must use enough product/bobby pins to keep it in place off face or wear hair in a ponytail.

## FOOD

- Bring clean, dry snacks (Cheerios, cereal, crackers, power bars, etc.).
- Do not bring anything to eat or drink that drips or stains.
- Water is the best drink for dancers during performance.
- Please pack enough food and drink for the entire day!

### PARKING

- There is a large municipal lot behind the Bardavon, and a number of other municipal lots in the area. Please note that some of these lots charge for parking. Do not park directly adjacent to the Bardavon building, as you will get a boot on your car, or get towed.

### VIDEO AND PHOTOGRAPHS

- **FLASH PHOTOGRAPHY IS HAZARDOUS TO THE DANCERS AND IS NOT PERMITTED.**
- **NO VIDEOTAPING IS PERMITTED AT ANY TIME.**
- **No photography is permitted during the Saturday performances.**
- You are allowed to take still photographs from your seat in the house during the Wednesday and Thursday Bardavon rehearsals. Please do NOT stand at the edge of the stage if you are taking pictures.
- A professional photographer will be taking photographs of the rehearsals and the performance, and the photos will be available for purchase.
- A digital download will be made available for purchase following the performances.

The Performances will be FABULOUS!  
Enjoy and love every minute!